

# Lisa Hamp

## Survivor of the Virginia Tech Shooting

Lisa Hamp is a survivor of the Virginia Tech shooting in Norris Hall that took place on April 16, 2007. With her classmates, she built a barricade to prevent the shooter from entering their classroom.

Lisa suffered from untreated PTSD for many years after the Virginia Tech incident. In 2015, she sought counseling for an eating disorder. She had suffocated her feelings that were caused by the trauma and developed an eating disorder to cope.

Since 2015, she continues to heal. She has begun sharing her story with law enforcement, EMS, school counselors, social workers, and mental health professionals. She believes that you don't have to be shot to be injured and is passionate about helping those who have experienced trauma, as well as first responders.

Lisa has a Bachelor's degree in Mathematics from Virginia Tech, a Master's degree in Operations Research from George Mason University, and a Master's degree in Economics from John Hopkins University.



Hear from Lisa Hamp, along with other survivors of school shootings and safety incidents, at the **National Summit on School Safety**, March 28-30, 2019 in Houston, Texas. This conference is presented by Safe and Sound Schools and Region 4 Education Service Center and will focus on comprehensive school safety. With deep-dive breakout sessions, hands-on workshops, leadership round tables, inspirational keynotes, and dedicated networking, attendees will add to their school safety toolbox to better meet their community's school safety needs. Register here: <https://www.safeandsoundschools.org/national-summit-on-school-safety/>.